

# PATHWAY COACH

**Pentathlon Ireland is a niche high performance sport which is embarking on a new direction following changes that see obstacle Course racing introduced to replace show-jumping for the 2028 Olympic games.**

## **Role Description**

- Post Title: Pathway Coach
- Line Manager: Head Coach
- Accountable to: Performance Director
- Contract Duration: Nine months
- Based: Sport Ireland Campus, Pentathlon Centre. Some domestic & international travel required)

## **Who we are:**

Pentathlon Ireland (PI) is the national governing body for the sport of pentathlon, a five-event sport (fencing, swimming, running, shooting (laser) obstacle course racing). Our mission is to develop athletes to fulfil their potential at the highest levels of competition.

As the Pathway Coach you will support our team in providing direction to the youth and development programmes, implementing them systematically, efficiently and successfully.

## **You Will:**

- Influence and contribute to the training environment of young pentathletes, operating as a coach at domestic and occasionally, international level.
- Support the activities of the Head Coach, particularly when International duties require his presence overseas.
- Lead youth teams at camps.
- Enjoy a fantastic opportunity to join a developing sport embracing a new discipline opening up new opportunities for young athletes.

## **You have (or intend to have)**

- A Sports related degree (or equivalent work experience).
- Demonstrable communication skills – communicates effectively, clearly and confidently in written, verbal and digital forms.
- A drive and passion for coaching and developing people.

- Experience of leading and coaching programmes in any of the five disciplines (fencing, swimming, running, shooting (laser) obstacle course racing) that make up the sport of Modern Pentathlon.
- An understanding of the principles of athlete development in a performance context.
- Experience of working in a team to deliver mutually agreed goals.
- An understanding of the principles of athlete performance planning and the management of load for young athletes, particularly whilst balancing the demands of school, Pentathlon and other competing demands at this age and stage.
- An understanding of ethical and safeguarding issues in sport including anti-doping, child protection and mental health & wellbeing.

### **KEY RESPONSIBILITIES**

- Support PI's operations team on the planning and delivery of pathway programmes.
- Organise and deliver regular training sessions incorporating some or all of the disciplines.
- Provide feedback to the Head Coach and Performance Director to aid the development of young pentathletes.
- Actively contribute to the recruitment process, working with outside bodies to introduce pentathlon to new participants.
- Scouting and talent transfer that produces appropriate athlete numbers in the performance pathway.
- Develop and maintain a valid and reliable athlete profiling and progression modelling.

### **HOW TO APPLY**

If you think this role suits you, why not contact us through an e-mail telling us how your career and education to date can help us deliver our programme.

EMAIL [info@pentathlon.ie](mailto:info@pentathlon.ie) no later than **5pm on Friday November 10<sup>th</sup>, 2023**.

If you wish to discuss the role prior to applying, please call Niav McNamara at 086 859 1861