

## Code of Conduct for Athletes



Athletes must ensure that:

- They treat sports leaders who may be coaches/teachers, Pentathlon Ireland officials and/or parents with respect.
- They treat all facility/amenity officials with respect.
- They respect other members, team-mates and opponents even when things go wrong and are gracious in both victory and defeat.
- They respect fellow participants, members, officials, volunteers and opponents regardless of gender, civil status, family status, sexual orientation, age, disability, race, religion, and membership of the Traveller community.
- They abide by the rules set down by Pentathlon Ireland.
- They play fairly at all times and do their best.
- They dress in a fitting and non-offensive manner.
- They talk to the coach/teacher or Board member if they have any problems.
- They are punctual on all occasions.
- They attend all practice sessions, meetings or functions as required.
- Prior to corresponding with the media/press, they receive permission from Pentathlon Ireland officials.
- When communicating with members of the media/press they present a positive image of Pentathlon Ireland and its members.
- They do not publicly criticise the administrative or technical affairs of Pentathlon Ireland. Such concerns should be put directly to Pentathlon Ireland.
- They do not cheat or use violence.
- They do not use physical contact that is not allowed within the rules.
- They respect the decisions of all referees/officials, Committees and Councils.
- They do not harm other members, opponents or their property.
- They do not bully or use bullying tactics to isolate another person.
- They do not use unfair or bullying tactics to gain advantage.
- They do not use bad, rude or offensive language.
- They do not take banned substances or use recreational drugs.
- They do not keep secrets about any person who may have caused them harm.
- They do not tell lies or spread rumours about adults or young people.
- They do not enter another member's room without permission.
- They do not behave in a manner that might bring Pentathlon Ireland or the sport into disrepute.
- They follow curfews or other time restrictions.

- They act as good role models at all times.
- Athletes over the legal age to consume alcohol must not do so until their competition is completed; even then athletes are reminded that they are representing their country and should only consume alcohol responsibly. Any disciplinary incidents involving use/abuse of alcohol will be taken extremely seriously by Pentathlon Ireland.
- Athletes over the legal age to smoke must not smoke in front of young athletes or on Pentathlon Ireland premises.
- They do not leave the camp or competition grounds without the permission of a Pentathlon Ireland official.

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I have read and agree to abide by the Code of Conduct.

Signature of Athlete \_\_\_\_\_ Date \_\_\_\_\_

Print name \_\_\_\_\_

If Athlete is under 18 years of age:

Signature of Parent/Guardian \_\_\_\_\_ Date \_\_\_\_\_

Print name of Parent/Guardian \_\_\_\_\_